

Welcome

**SKYDIVE UNIVERSITY**  
for the **WORLD**  
Safety • Skills • Success

Basic Training

Canopy Control

FS Coaching

Wind Tunnel Coaching

Formation Skydiving

Free Fly

Freefly Coaching

Airbourne

Instructional Courses

Resources

Interactive Products

Leadership Programs

On Line Support

Staff Development

Methodology

Worldwide Network

Tandem

AFF

**Click on Icons  
to Navigate!**



Worldwide Network



Skydive Dallas



Tandem Master Training



Head Quarters



On Line Videos  
Viral Marketing

# Skydive University

Marketing/Distributor Network  
Coaches Database  
Course Director/Instructor/Coach programs  
Point of sales  
Educational resources



Point of Sales  
Coaching  
FS and Freely  
AFFI training

*AirDicted*

Video Productions

SDU International Certification

Denmark  
Mexico  
Brazil



SkydivingTickets.com  
On Line Booking System



Software Development



"DiGiaCom" Technologies  
Flight Software

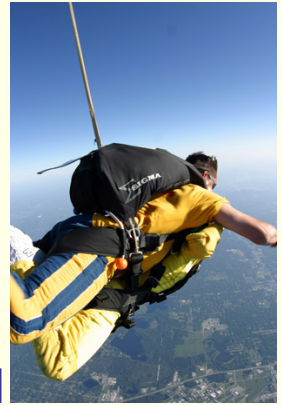




Tandem

# Tandem Jump

Tandem is the easiest first step to advancing to a first jump course and solo jumping. Enjoy freefall controlled by a professional instructor and experience flying a parachute with direct coaching.



## Related Products

Our Coaches are always ready to take you from your first jump training until you get your basic license in skydiving!

## Related Services

Choose one of our coaches available in a specific area near you at [www.skydiveu.com/directory.php](http://www.skydiveu.com/directory.php) for other locations

Visit [www.skydivingtickets.com](http://www.skydivingtickets.com)



**We strongly recommend the use of your First Jump Course Manual from the Human Flight Skydiving Interactive Training Software to Complement Your Training!**



[Get your Copy here](#)

Menu



# Accelerated Freefall & TAFF

AFF

A program with a series of jumps designed to cover all the subjects necessary for your first step in the sport of skydiving . Enjoy freefall training with aerial coaching to parachute activation. Offering both Wind tunnel AFF (TAFF) and regular AFF.

Our Coaches are always ready to take you from your first jump training until you get your basic license in skydiving!

Choose one of our coaches available in a specific area near you at [www.skydiveu.com/directory.php](http://www.skydiveu.com/directory.php) for other locations

Visit [www.skydivingtickets.com](http://www.skydivingtickets.com)

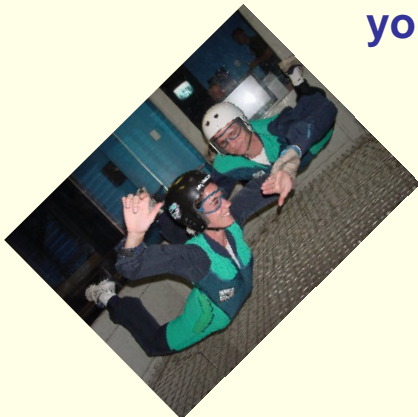
We strongly recommend the use of your Human Flight Skydiving Interactive Training Software to Complement Your Training!

[Get your copy here](#)



Related Products

Related Services



Menu



Basic Training

# First Jump Course



Our courses are run with adult education and positive training psychology applied. Learn in a relaxed environment in a simple step by step course.

**SKILLS - SAFETY - SUCCESS**

**Related Products**

Our Coaches are always ready to take you from your first jump training until you get your basic license in skydiving!

Choose one of our coaches available in a specific area near you at [www.skydiveu.com/directory.php](http://www.skydiveu.com/directory.php) for other locations Visit [www.skydivingtickets.com](http://www.skydivingtickets.com)

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Canopy Control

# Canopy Control Program

Our coaching knowledge and techniques have been evolved since the release of Basic Canopy Flight in 1995. Enroll to work with our trained coaches to:

- *consistently land at target*
- *explore and know canopy parameters*
- *develop foundation for precision & swoop landing.*



**Related Products**

Programs for beginning to advanced piloting. We have all the training you need to fly like a champion!

Our Coaches are always ready to help you refine your skills in the art of canopy flight.

Choose one of our coaches available in a specific area near you at

[www.skydiveu.com/directory.php](http://www.skydiveu.com/directory.php)

for other locations Visit [www.skydivingtickets.com](http://www.skydivingtickets.com)

**We strongly recommend the use of your Canopy Flight Manual from the Human Flight Skydiving Interactive**

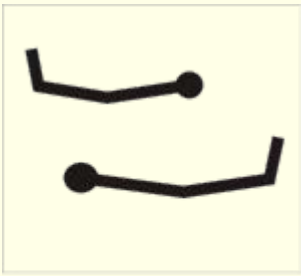
**Training Software to Complement Your Training!**

[Purchase your copy here](#)



Menu

# Formation Skydiving Basic



FS Coaching

Related Products

Related Services

We offer **Basic and Advanced Body Flight Coaching** in a relaxed and fun format. Our coaching focuses on a combination of developing muscle memory and positive visualization. Our philosophy is learn on the ground and perform in the air. **Coaching is available in both freefall and the wind tunnel.** Key program points are:

- *learn the fundamentals in professional intensive programs*
- *develop solid safety routines*
- *develop excellent exit skills*
- *learn all fundamental flying positions for formation skydiving*
- *Success is guaranteed through a simple to complex progression*
- **Success breeds success!!**



**LEARN for LIFE - SKYDIVING for FUN**

Our Coaches are always ready to help you refine your skills in the art of body flight!

Choose one of our coaches available in a specific area near you at

[www.skydiveu.com/directory.php](http://www.skydiveu.com/directory.php)

for other locations Visit [www.skydivingtickets.com](http://www.skydivingtickets.com)

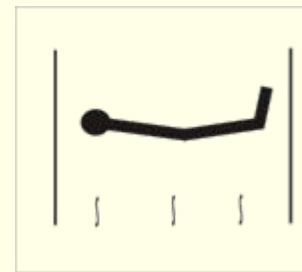
**We strongly recommend the use of your Basic Body Flight and Aircraft and Spotting Manuals from the Human Flight Skydiving Interactive Training Software to Complement Your Training!**



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Menu

# Wind Tunnel Coaching



Wind Tunnel  
Coaching

Training in the wind tunnel provides the individual the opportunity to focus on your training in a distraction free environment. Advantages such as immediate in air corrections and high repetition of simple and achievable goals to gain long term muscle memory – FAST. Fine tune core skills whatever the skill level. Learn and master:



- *Arm and elbow variations*
- *Knee control*
- *Aggressive fall rate control*
- *Aggressive turns, lateral, and super positional moves*
- *Ability to make any move with thought*

“JUST LOOK AND GO!!”

This is why wind tunnel training is the most effective way to achieve peak performance quickly and efficiently.

Our Coaches are ready to help you refine your body flight skills using an indoor skydiving facility.

Choose one of our coaches available in a specific area near you at

[www.skydiveu.com/directory.php](http://www.skydiveu.com/directory.php)

for other locations Visit [www.skydivingtickets.com](http://www.skydivingtickets.com)

We strongly recommend the use of your Basic Body Flight Manual from the Human Flight Skydiving Interactive Training Software to Complement Your Training!

[Get Your copy here](#)

Related Products

Related Services



Menu



Formation  
Skydiving

# Formation Skydiving Advanced



***“Do You Feel the Need for Speed!!”***

If you want to be good, be coached by the professionals. Our business is coaching, it's all we do. Our advanced course is an intensive course designed to radically challenge your skydiving abilities. Would you like to:

## Related Products

- turn faster,
- recover quicker,
- be more confident in any slot
- track like a bullet

## Related Services

If you want to be good, and you have the commitment and dedication to achieve your personal goals, call us today to make a reservation.

Our Coaches are ready to help you refine skills in the art of Formation Skydiving.

Choose one of our coaches available in a specific area near you at

[www.skydiveu.com/directory.php](http://www.skydiveu.com/directory.php)

for other locations Visit [www.skydivingtickets.com](http://www.skydivingtickets.com)

We strongly recommend the use of your Basic Body Flight and Aircraft and Spotting Manuals from the Human Flight Skydiving Interactive Training Software to Complement Your Training!

[Get your copy here](#)



Menu



Free Fly

# Freefly Coaching Basic



We offer **Basic Freefly Coaching** in an achievable **step by step** format. Our coaching focuses on a combination of developing muscle memory and positive visualization. **Coaching is available in both freefall and the wind tunnel.** Key program points are:

- *learn the fundamentals in professional intensive programs*
- *develop solid safety routines*
- *develop excellent exit skills*
- *learn all flying positions for backfly & sitfly*

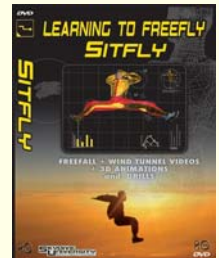
Related Products

Related Services

**Success breeds success!!**

Our Coaches are ready to help you refine skills in the art of Free flying.

Choose one of our coaches available in a specific area near you at [www.skydiveu.com/directory.php](http://www.skydiveu.com/directory.php) for other locations Visit [www.skydivingtickets.com](http://www.skydivingtickets.com)



**We strongly recommend the use of your Back Fly and Sit Fly DVD series to Complement Your Training!**

[Get your copy here](#)

Menu



Freely Coaching

# Freely Coaching Advanced



**Now you are mastering the skies! And want more. Our Coaches are always ready to help you refine your skills in the art of free fly, using the indoor skydiving facility to complement your training and help you to build a strong foundation and move on!**

Choose one of our coaches available in a specific area near you at [www.skydiveu.com/directory.php](http://www.skydiveu.com/directory.php) for other locations Visit [www.skydivingtickets.com](http://www.skydivingtickets.com)

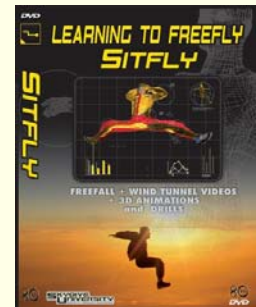
Related Products

Related Services



**We strongly recommend the use of your Back Fly and Sit Fly DVD series to Complement Your Training!**

[Get your copy here](#)



Menu



Airbourne

# Airborne

**SDU has worked with Military Freefall Instructors as well as enlisted personnel upgrading their status (HAHO/HALO, Freefall Instructor).**

**Objective:** To train candidates to execute the required skills at the highest level of performance and safety possible. We refer to that as “autonomous” level: to perform without thought.

**We offer training in:**

- **Basic and advanced body flight**
- **Canopy control coaching**
- **Freefall Instructor training (AFF)**
- **Videographer skills - Basic back and sitfly coaching**

**Programming can be customized to meet your needs. SDU has coaching experience in skydiving and the wind tunnel.**

**Specific areas of interest are:**

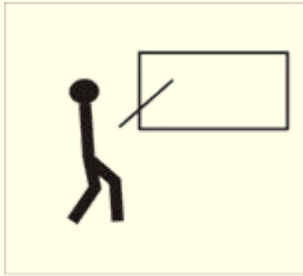
**Coaching techniques: Muscle memory training**

**Coaching techniques: Training psychology**

**Related Services**

**Related Products**

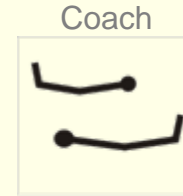
**Menu**



Instructional Courses

# Instructional Courses

## SDU level 1 Coach Course



FS Coaching

The course is an introductory course for all ratings. The course is directed towards initial group formation skydiving and canopy control coaching. The course includes topics such as teaching, analyzing, and psychological routines for coaching.

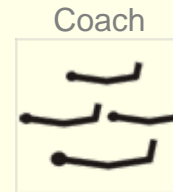
Related Services

Related Products



More Courses

## SDU level 2 FS Coach Course

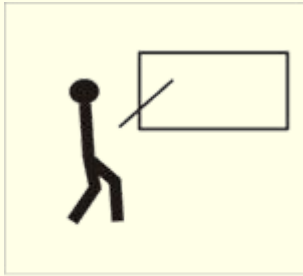


Formation Skydiving

The level two is an advanced 1 on 1 course including coaching techniques of center turns, side wards and super-positional moves. The course further refines teaching, analyzing, and psychological routines for coaching. Must be SDU Level 1 or AIC graduate. We will be doing a level 3: Small group coach over time.



Menu



Instructional  
Courses

# Coach-Instructor Courses

Related Services

Related Products



More Courses

## SDU Level 2 Freely Coach Course

Coach



Freely Coaching

This course is being developed as we produce the “Learning to Freely” series. We will be doing a level 3: Advanced 1 on 1 and Level 4: Small group coach over time.

Instructor



Tandem

## Sigma/Vector II Tandem course

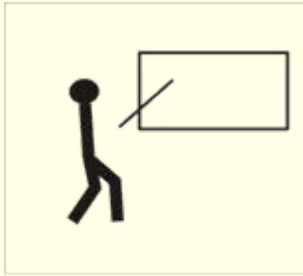
We offer Instructor and Course Director courses for the United Parachute Technologies Tandem systems.



**UNITED PARACHUTE  
TECHNOLOGIES**

Menu

# Instructor Courses



Instructional  
Courses

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## USPA AFFIRC

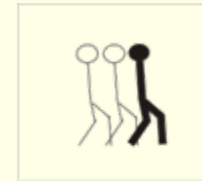
Instructor



AFF

USPA AFF Instructors course (camp), including the pre-course within the course. Wind tunnel training highly recommended.

## ADVANCED INSTRUCTOR COURSE



Leadership  
Programs

Start point for all Evaluators and Coach, Tandem, AFFI Course Directors. Course is a benefit for anyone teaching the First Jump Course as well as a great program for continuing education. It is an excellent course for learning team building and staff development.



Director

FS Coaching



Director

AFF

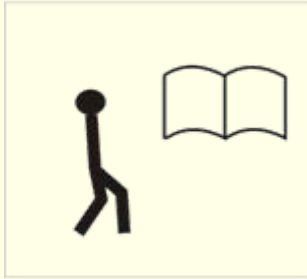


Director

Tandem

Menu





Resources

# DZ Management Tools

The advantage for your drop zone is constantly *updated* professional materials for your school as well as the tools to improve *standardization* among your staff. These tools are designed to incorporate *active learning* into all levels of teaching as well as *transfer the bookwork briefing directly to the learner* in bite size chunks. The tools provided, specifically, the lesson plans, session guides and flight planners are great *risk management* tools. I'm sure you will agree that constantly having to revise materials is always a burden to your staff and management.

Also available for sale to drop zones:

## HARP

High Altitude Release Point Spotting Calculator. This is the full professional version which allows you to customize the programming to your drop zone.



Click here to Purchase!

Related Services

Related Products



More Tools



## Windows Manifest XP

The Easiest and fastest way to run your operation. Compatible with Microsoft Excel and accounting software.

Click here to Purchase!



# Basic Canopy Flight & Basic Body Flight

This DVD combines the two videotapes of Skydive 150: Basic Canopy Flight & Basic Body Flight Theory into one DVD. It also includes the Skydive 150: Basic Canopy Flight workbook.

The Basic Canopy Flight portion of the DVD and workbook is for canopy control; you're not safe until you land. This package contains information about canopy characteristics, handling, safety, and accuracy techniques that are developed through a series of ground and in-air practice exercises. Take the mystery out of canopy control.

The Basic Body Flight Theory portion features virtual reality technology to illustrate, and Jack Jefferies in the air to demonstrate, Basic Body Flight. These fundamentals are for anyone interested in improving their formation skydiving.

[Click here to purchase!](#)



Interactive  
Products

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Interactive  
Products

# Learning to Freely

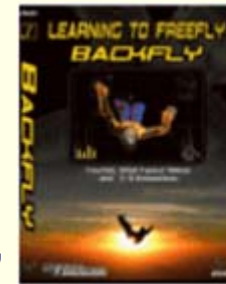
The Learning to Freely a series of 6 DVDs once completed will consist of: Backfly, Sitfly, Transitions 1 (intro to head-down), Head Down, Transitions 2 (all orientations), and VRW. The DVD's are being released in 8 languages: English, French, Russian, German, Spanish, Italian, Portuguese, and Japanese

## Related Services

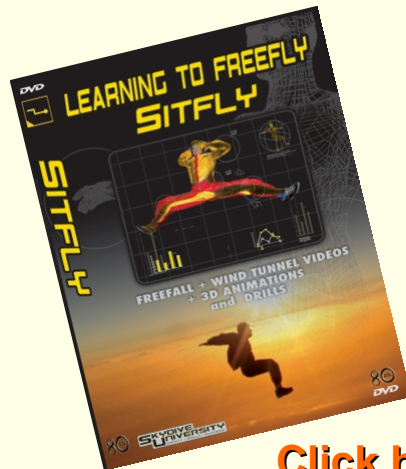


More Products

The "Learning to Freely - Backfly" has been created to help skydivers learn how to freely in an easy-to-understand manner. The DVD has interactive 3D animation, wind tunnel and freefall footage. The DVD also includes exits, group skydiving, safety and extras.



[Click here to purchase!](#)



[Click here to purchase!](#)

"Learning to Sitfly" is the second in the series of freely training DVD's. It is the natural progression in freely training and offers the essentials of freelying with an excellent starting point for beginners or fine tuning for the experienced. It includes specific and easy to understand instructional training with 3D animated virtual training, combined with wind tunnel and freefall footage to provide the ultimate in teaching techniques. It is excellent training for any skill level.

Menu



Interactive  
Products

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# Human Flight

**GET THE NEWEST TECHNOLOGY IN SKYDIVING!**

The Human Flight Software program is an interactive application which combines course material, on line media and flash animations to offer information on all basic freefall maneuvers to include stability maneuvers as well as Basic Body Flight, canopy flight tasks for accuracy skills, canopy performance exercises, a spotting calculator, safety information, and more.

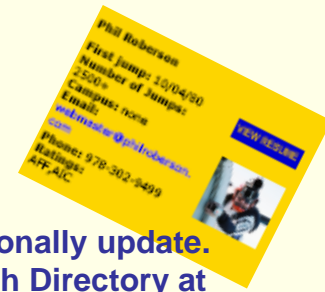
The product is for all beginning to intermediate level (1-150 jumps). The program includes text descriptions, video clips of canopy control and malfunctions, as well as 3D animation of exits, freefall, and canopy skills. Once subscribed the user will receive free updates for the first 12 months. A \$25.00 annual renewal fee will be charged for updates following the first year expiration.

Human Flight – Basic is the first of a series: Basic and Advanced.

Click here  
to  
purchase!



# On Line Support



On Line Support

## Self promotion through SDU website.

All registered rating holders have access to their account that they personally update. Rated and current coaches and instructors are listed in the Coach Directory at <http://www.skydiveu.com/directory.php> that is the coach referral site to the general public.

## Manual updates for all rating levels.

All manuals, for the Coach to the AIC Course Director can access current manuals for forms and updates. Power point and video training aids to be added soon.

## Equipment discounts for professionals.

Professional Coaches, Instructors and Course Directors will be able to access certain manufacturers discounts. More will be announced soon in News at [www.skydiveu.com/news.php](http://www.skydiveu.com/news.php)

## Tunnel discounts (in Orlando).

Everyone who has been coached, enrolled in a camp, or course with Skydive University can benefit by booking tunnel with us here in Orlando. Whether you want to personally become better or learn how to coach in the tunnel, join us.

## On-line course schedule.

All coaches or Course Directors scheduling an event or course can list it on the SDU calendar and have notices sent out through our database. The program must be an SDU based program: Coach Course, AIC Course Directors courses, Tunnel and Skills camps, etc. See Schedule at <http://www.skydiveu.com/schedule.php>

## Power point updates for directors.

All of the SDU curriculum and training aids are always evolving. We intend to continue to apply educational design to all courses including Power Point training aids for all courses. Updates are accessed through the database and your rating level News and Updates. Login required.

Related Services

Related Products



Menu

# Staff Development

Modern psychological strategies for learning help create success for students increasing retention and building a stronger spirit of teamwork among staff members.



Staff Development

## Coaches, Tandem and AFF Instructors

- **Quality training through practical involvement during courses.**  
All leadership programs include three exposures of teaching categories prior to, or at least by, the evaluation. Coaching is provided in all skill areas, in other words, our courses are full training courses.
- **Standardized syllabus.**  
The Course Directors work off of detailed standardized lesson plans including not only content, but delivery strategy, as well as application drills. The detailed session guides provide follow up direction to minimize memory retention loss and complete the transfer of information to long term memory.
- **Positive model of learning.**  
As the introduction sentence indicates providing specific tips on how to include applied psychology to our coach and instructor routines to enhance learning. Understanding how to truly motivate one from within helps us to guide the students to success, skydive safely, have fun, and increase overall retention of our students.

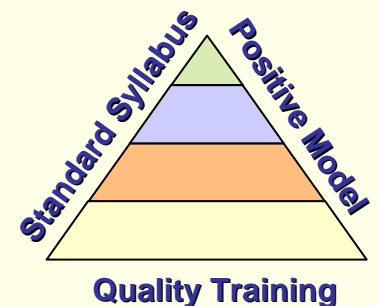
## Continuing education:

Encouraging our staff to continue to rise up to higher levels of education builds a stronger staff and helps motivate our staff.

- Coach level 2 (Formation and Freely disciplines)
- Advanced Instructor Course (Train the trainer)
- Evaluator and Course Director Fast Track.

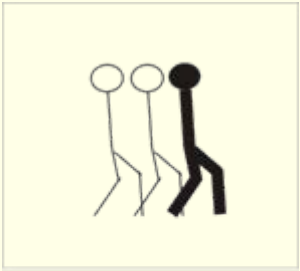
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Related Products



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# Leadership Programs



Leadership  
Programs

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Principles of team work and leadership are designed into all of our programs. The adult education principles introduced in the Advanced Instructor Course are influencing factors in our program presentation.

**Leading by example** The expectation is to be a person who role models: teaching techniques and methods taught, from **KISSS (7+/-2)** to active learning, is positive working the solution, safety, ongoing education, a team player and respectful of peers, solves issues to a **Win-Win-Win** and lastly, **Motivates and Inspires others.**

**Objective evaluation** All programs evaluations are conducted using a “formative” evaluation. A formative evaluation is an assessment of ones strengths and areas of improvement. All evaluations are very based off very specific detail allowing **OBJECTIVE** scoring. All evaluations are to motivate and **inspire the candidates to move to the next level.**

**Refined Skill Analysis** The skill analysis process bases performance assessment on the physics of human motion, **biomechanics.** This allows coaches/instructors to more **accurately** assess physical performances.

**Modern teaching methods** Adopting teaching and facilitation techniques from big business as well technology such as Neuro-linguistic Programming (NLP) which encourages flexibility to communicate with all learner types and works off a positive modeling approach enables us to “Fast track” you to reach your potential.

Overall to quote Robert Pike, “**learning is directly proportional to the amount of pleasure derived**” (Pike, R., Creative Techniques Handbook, 1989)

Menu

# Our Methodology

Skydive University is dedicated to improving the **quality** of skydiving for everyone.

The SDU attitude is to enable everyone to discover their true potential. Individuals best achieve this through holistic training.

## SKILLS SAFETY SUCCESS

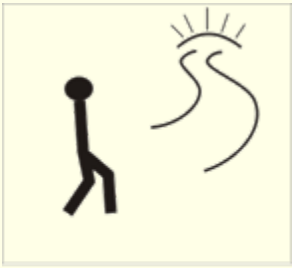
**Clear Mind** able to focus 100% on the task at hand. This is achieved by providing specific directions in a short and simple manner (KISS). Train focus and emotional control techniques.

**Sound Body** be fit and able. This includes flexibility, cardiovascular, strength, balance and coordination, nutrition as well as a healthy disciplined lifestyle.

**Open Heart** able to communicate emotions. To coach peak performance we must deal with anger, depression, frustration as well as exhilaration. These emotions move us off-center of our optimal arousal state. This communication will occur if we are: a role model, trusting, honest, empathetic, and positive to list just a few points.

**Free Spirit** Success breeds Success! How to help a person realize a winning attitude. Success is best accomplished through a progression program of guaranteed achievable steps.

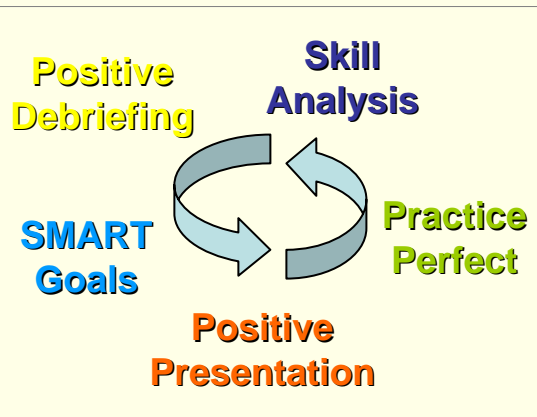
**LEARN FOR LIFE. SKYDIVING FOR FUN.**



Methodology

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# SKYDIVE UNIVERSITY

Safety • Skills • Success

Supported By



# MICHIGAN SUITS